



BRIGHT BEGINNINGS MUSIC

Developmental music groups for
littles and their caregivers.

Bright Beginnings Music classes are....

designed to support developmental growth related to sensory processing, motor skills, social-emotional skills, cognition, and language development.

Classes are run by....

masters-level, board-certified music therapist with training in and experience working with children of all ages and abilities.



What you see....

- singing
- dancing
- sign language
- social interaction
- making noise
- sing along books
- animal puppets
- twirling scarves
- make-believe
- playing instruments
- sensory stimulation



What we're really doing...

Bright Beginnings Music classes for target early milestones for motor coordination and strength, language development, social-emotional skills, sensory processing, and cognition. Our youngest kids learn a lot through observation of others, hand-over-hand assistance from parents, and from skills and songs that parents learn and use at home

As little ones are able to explore the world around them in new ways, they'll have more opportunities to practice independence with a variety of skills including transitioning between activities, cleaning up, sharing, choice making, motor skills, language, socialization, and, of course, music making.

Children who are closer to entering school will benefit from opportunities for language and vocabulary development, movement, choice making, impulse control, listening skills, and social-emotional skills.

Learn more about music therapy and lessons in Lexington:

wildwoodmusictherapy.com | 859-456-0292

register for Bright Beginnings at wildwoodmusictherapy.as.me/

